

Dear Resident,

On Sunday 10th February
Athy Triathlon Club will host our
annual Flat Out Duathlon
in Athy College at 10am.



The race is run in conjunction with Triathlon Ireland and this year has been selected as one of a very few BMW Duathlon National Series events. We expect to have athletes of all abilities participating, from Elite National Athletes who will be chasing BMW Duathlon National Series points, to beginners taking part in their first event for fun. The Triathlon Ireland Media Team will be present filming and streaming the race live on facebook.

We intend to use our usual run and cycle routes. The run route is largely in the area of Athy College and nearby lanes, while the cycle route takes in the main road from Athy College to Kildangan village and back. There may be some minor disruption in the area of your home from approx. 10am to 12noon, however public roads will be kept open as normal throughout the race and we expect any delays to be very minor. Athletes will cross the main road, for a short time, at Athy College and Race Marshals and Garda will be present to manage traffic movement. We thank you for your understanding, patience and support of this local event which will be great for Athy and the surrounding areas.

In the afternoon of the same day we will also host a Junior Duathlon for children of all abilities. This event will be contained fully within the grounds of Athy College and will not impact public roads.

More details on the events can be found on our web page at www.athytriathlonclub.com or on our Athy Triathlon Team facebook page. If you have any queries or questions please do not hesitate to contact us by email athytriclub@gmail.com or call John on 0876825428.

Thanks & Regards,
Athy Triathlon Club Committee



ATHY FLAT OUT DUATHLON 2019

Sunday 10th February at 10am

Run 3 km - Bike 24 km - Run 3 km

Entry Fee: €25

Registration Open at:
www.com.com

TI Race Licence or
One Day Membership
Required

For Further Information
Email: athytriclub@gmail.com



All Abilities Welcome



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